



COMMUNITY BRIEFING

January 24, 2023 • 2 p.m.

- **Good afternoon, Fowler Family!**
- **FOWLER UPDATES:**
 - We have had an uptick of COVID in Pearl Nordan Care Center.
 - All those impacted are showing minimal symptoms, all are doing well and are isolating in their homes at Fowler
 - This is not the COVID we were dealing with in 2020. We have medications, testing and vaccines which have impacted the severity.
 - The guidance from Health and Human Services has reduced the bureaucracy for assisted living. We no longer must shut the entire building down for a single positive case. We are now treating COVID like any other transmissible infectious illness – like the flu.
 - Those who are ill, isolate. We are able to keep our residents here in their homes among familiar environments and staff. Those who are caregivers, wear proper PPE, wash their hands and sanitize.
 - Visitation continues with appropriate notification and masking.
 - For the rest of us, we need to be mindful of our Love our Neighbor Basics especially during the flu and cold season – mask, sanitize, wash your hands and stay home if ill.
 - At the request of many of our residents, we are in conversations with a licensed massage therapist to come to Fowler.
 - We will start with chair massages and eventually offer the opportunity for full body massage in the massage room at Jackson Living Center.
 - A chair massage will be \$1.50 a minute which is the going rate. A 15-minute chair massage would cost \$22.50. When we initiate full body massages, another rate will be applied.
 - We are looking to start chair massage services in February
 - If you are interested and would like more information as to start dates, scheduling, etc, please contact Jennifer Garland at 214-515-1350.
 - This is available to residents and Fowler team members.
 - This week is National Activities Professional Week and we applaud the work that our team does to create opportunities for engagement. This team includes
 - Anna Ryan is enriching lives in PNCC Junius and Flora neighborhoods
 - Keyairria Hattan in creating fun in Jackson Living Center
 - Tina Harris is the driving force in Worth Center for Excellence in Dementia Care
 - Tom Matic is serving residents in the Carroll Neighborhood
 - We currently have a position open in FCA – if you know someone who loves people and wants to make a difference daily, encourage them to apply

- Last Friday, we had 3 events – we were on the party circuit and it felt great to connect with old and new friends.
 - We kicked off the opening of the kitchen and enjoyed Stir Fry
 - DRUMROLL – the trailers are all gone – after 11 months the refrigerated truck and two trailers that have been acting as our temporary kitchen and storage are gone!
 - Our team is back in a fully renovated kitchen space with new equipment
 - Thank you Chef Hector and the entire dining services team for your unwavering patience and commitment as we worked to improve your work space
 - We met new friends at The Peak – how rich their lives have been and will continue to be as they live in community at Fowler – welcome to all our new residents!
 - We celebrated Santos Nunos and met her family – Kudos to the PNCC team who put together an incredible send off for Santos
- We are excited to announce that Ashley Brown has returned to Fowler in the capacity of Vice President of Development. Ashley was with us for several years before going to raise money at TCU. We are excited to welcome her back! She brings with her a bundle of skills, creativity and joy!
- This addition to the team has an additional purpose. Ann McKinley, who has served as Fowler’s Chief Advancement Officer will retire from Fowler in May after 10 years of marketing and fundraising for Fowler. Ann is ready to be fulltime Grann! Ashley will assume Ann’s responsibilities. Ann and Ashley have planned for a seamless transition and we are excited for them both.
- **RESIDENT MEMORIALS:**
 - Blanche Gay has completed her earthly journey and is now in her heavenly home. Blanche celebrated the milestone of 102 years last July. She was a sweet and spunky lady and will be greatly missed. We pray for peace for the family, friends, and staff who experience this loss of a life well-lived.
- **RESIDENT BIRTHDAYS:**
 - 1/26 Johnetta W.
 - 1/31 Sylvia H.
 - 2/2 Bill M.
- **RESIDENT MOVE IN ANNIVERSARIES**
 - Juanita K. - 1 year
 - Stacy B. - 2 years
- **NEW RESIDENT WELCOME**
 - Jackson Living Center recently welcomed two new residents:
 - Elizabeth G. is from Pasadena Texas and she attended San Jose State. She attends St. Thomas Aquinas Catholic Church. Her prior occupation was as a court appointed special advocate. Elizabeth has a daughter who lives in Dallas and sons who live in California and New York. Elizabeth loves to read, play bridge and socialize!

- Michael H. comes from Louisville Kentucky. He attended the University of Maryland and was an FBI agent. He has twins, a boy and a girl who were born 3 minutes apart. Michael's hobbies include running, music – he plays the trombone! One fun fact – he lived in Jeddah Saudi Arabia for 3 years.

- **TEAMMATE TUESDAY – Erin Mason, Director of Human Resources**

- Adrian Monroe's birthday is today. Happy birthday, Adrian!
- Tomorrow is Jesus Delcampo's birthday. Happy birthday, Jesus!
- Wishing a happy birthday to Deborah Brown! Her birthday is on Jan 26.
- Erin Mason's birthday is on Jan 28. 😊
- Kelly Westenburg's birthday is Feb 1. Happy birthday, Kelly!
- Jan 26 is Gena Martinez's 23-year anniversary! Happy anniversary, Gena!
- Happy 2-year anniversary to Marilyn Copeland! Her anniversary is Feb 4.
- A bit WHOO-HOO thank you to Luis Martinez! Laura Porting shared, When I was in a bind last night, still trying to figure out our new video system in the Chapel, Luis jumped to the rescue! It was after hours (an evening volunteer event) and he came back on campus and got the job DONE! He is so thoughtful and willing to put in the extra effort. Thank you, Luis!"
- Another shoutout to Luis and Michael Swan for getting the JLC elevator area smoke detectors cleaned. This was the culprit for our false alarms.
- A shoutout to Michael Blackwell who is consistently pursuing excellence on his Courtesy Patrol shifts. He ensures the right teammates are informed offline of challenges and occurrences.
- A shout out to Kisha who threw a beautiful retirement party for Santos! And for Sylvia for all her help with it!

- **DIVERSITY, EQUITY AND INCLUSION SHARED STORY – Erin Mason**

- **We celebrate Lunar New Year from Jan 22 through Feb 9**
- This observance is celebrated by some 1.5 billion people. It marks the first new moon of the lunisolar calendar, which is used in Asian countries, including China, Vietnam, Singapore, and South Korea.
- This Lunar New Year is predicted to be of peace and optimism
- Lunar New Year is **a celebration of the arrival of spring and the beginning of a new year on the lunisolar calendar**. It is the most important holiday in China and is also widely celebrated in South Korea, Vietnam, and countries with a significant overseas Asian population.
- It begins with the first new moon of the lunar calendar and ends on the first full moon of the lunar calendar 15 days later. The lunar calendar is based on the cycles of the moon, so the dates of the holiday vary slightly from year to year, beginning sometime between January 21 and February 20 according to Western calendars.
- Approximately 10 days before the beginning of the new lunar year, houses are thoroughly cleaned to remove any bad luck that might be lingering inside, a custom called "sweeping of the grounds."

- Did you know our Gregorian calendar, introduced in 1582, is based on the solar year (the time it takes the Earth to orbit the sun). The lunisolar calendar is based on phases of the moon.
- We celebrate and recognize Lunar New Year as a day of peace and optimism for all
- **PRAYER**
- **Make it a great day on purpose!**

COVID-19 Mental Health Support Line 24 hours a day, 7 days a week toll-free at 833-986-1919