



COMMUNITY BRIEFING

September 6, 2022 • 2 p.m.

- **Good afternoon, Fowler Family!**
- **FOWLER UPDATES:**
 - Well, it was a weekend wasn't it!
 - You might call it the "perfect storm"
 - First there was a huge storm on Sunday that knocked out utilities all over the Dallas; large trees were down throughout the Lakewood area neighborhood wreaking havoc with electricity, internet, phone and cable lines
 - We were not immune to the problems of the greater community – Fowler was without power, internet, phone, and cable lines as well throughout the night
 - Simultaneously we had a flood at FCA in assisted living – more about that in a minute
 - Thank you to Team Fowler for rising to the occasion
 - Big thank you to the FCA team for juggling a flood and a power outage - to Michael, Brandon, Susana, Keith, Johnny, Charlotte, Nadine, and Emily for assisting with all the things needed! Brandon and Michael are AMAZING and worked 16-18 hours straight to remove water and debris from the apartments!!! We appreciate you!
 - Thank you to Armen and Tom for troubleshooting and bringing all of our systems back up and clearing debris
 - Thank you to Lydia for immediately addressing needs in multiple areas and making sure residents were safe
 - Thank you to Hector and Dining Services who found a way to once again cook and provide meals during yet another weather event
 - Thank you to Jennifer for her onsite presence and communication
 - Shout out to Kisha and Janet for engaging the PNCC AL residents on Monday with Labor Day fun with an unexpected pizza party! Thank you for loving people and making a BIG difference!
 - Our team continues to show up and show us how important our residents are
 - Councilman Jesse Morena saw our communication about the power outage on Facebook and stopped by this afternoon to see how we fared – we were grateful for his advocacy and interest in our needs
 - The flood in FCA Assisted Living impacted 8 apartments.
 - This is the 2nd time this year these residents have experienced tremendous inconvenience and potential safety issues
 - We cannot control the weather, but this is something we can all have control over

- The cause of both floods was personal wipes.
 - People are flushing personal wipes down the toilets, and they are getting clogged in the drains
 - And here is the worst part, the persons affected, are NOT the persons using and flushing the personal wipes.
 - In community buildings such as ours, plumbing is connected. In this instance, the actions of others on the 2nd and 3rd floors are impacting neighbors on the first floor.
 - Not only is this a tremendous inconvenience, but it is also dangerous
 - We had one resident in assisted living slip and hurt her back
 - This is not OK
 - Plumbers will tell you the number one thing that clogs drains are personal wipes – do not believe the packaging that says these are flushable – they are not
 - If you utilize personal wipes, you must throw them away in the trash can; no paper products other than toilet paper may be flushed
 - People choose to live with us for convenience and safety. We will not tolerate behaviors that impact safety and convenience of others.
- **UPCOMING EVENTS:**
 - Today, 5:30-7pm, PNCC Worth neighborhood will be hosting a welcome event for new nurse manager Yulanda and AL manager Kelley, and welcoming family members
 - This Saturday, we will host the Junior League of Dallas provisional members for their annual Bus Tour. They will be arriving in two different groups and will be assembling in the Chapel for a Fowler presentation.
 - On 9/15, Dallas Area Gerontological Society will host their September meeting at Fowler in the chapel. Fowler's Billie Collins will be their speaker and she will speak on The Peak and Affordable Housing for Mid Market Seniors
 - Next week we will be hosting all the flu shot clinics campus wide.
 - In the next couple of months, we will be hosting Covid Booster clinics and hopefully be able to offer the updated vaccine that addresses the variant – please remember that Covid is still prevalent in the Dallas community – please use your best judgement about masks and distancing.
- **RESIDENT WELCOME:**
 - Judith "Judy" H. C Building of FCA is a retired teacher who taught for 20 years in a Catholic School. While juggling her career as a teacher, she opened her own business and became the proud Mother of 3 girls. She is now a loving Grandmother to 8 grandchildren and 3 great-grandchildren.....and she has 1 AMAZING son-in-law too. She has a passion for drawing and loves to paint by numbers.
 - Shirley A. is a previous resident of FCA who has now come back to claim her forever home in FCA A Building. Shirley shared that her career was in property management in California. She loves animals, especially her fur-baby Pumpkin. Fun fact about Pumpkin, she is a Fowler dog. When Shirley previously lived here, Pumpkin was a stray in the field

next to our community. Shirley took her home to foster her and ended up keeping her. She has had her sweet baby going on 13 years now.

- **RESIDENT MEMORIALS:**

- Marsha C., (PNCC) passed away last week
- Maggie F. (FCA) passed on 8/18
- Barbara G. (FCA) passed on 8/11
- Please keep these members of the Fowler family in your prayers

- **RESIDENT BIRTHDAYS:**

- 9/8 – Carol G. (FCA)
- 9/9 – Juana D. (FCA)
- 9/13 – Brunilda C. (FCA), Sonia D. (FCA), and David K. (FCA)
- 9/14 – Pamela R. (FCA)
- 9/17 – Raquel M. (FCA)
- 9/18 – Tamara L. (FCA)

- **RESIDENT MOVE-IN ANNIVERSARIES:**

- 2 Years – Kathleen D. (FCA), and Deborah Lewis (FCA),
- 3 Years – Virginia M. (FCA)
- 5 Years – Pamela M. (FCA)

- **GRANDPARENTS DAY:**

- In 1969, nine-year-old Russell Capper sent President Nixon a letter suggesting that a day should be set aside in order to celebrate grandparents. But it wasn't until 1977 that Senator Randolph, with the help of other senators, introduced a joint resolution to the senate requesting the president to "issue annually a proclamation designating the first Sunday of September after Labor Day of each year as 'National Grandparents' Day'." Congress passed the legislation, proclaiming the first Sunday after Labor Day as National Grandparent's Day. On August 3, 1978, Jimmy Carter signed the proclamation, and the day was finally celebrated the following year. This year, Grandparents Day falls on September 11, 2022, this coming Sunday.
- Grandparents Day celebrates and honors the important role grandparents play across generations. The official proclamation of Grandparents Day states that the holiday is used "to honor grandparents, to give grandparents an opportunity to show love for their children's children, and to help children become aware of the strength, information, and guidance older people can offer.
- To honor our intergenerational roots here at Fowler, we have created a new program that supports and advocates for grandparents who are raising grandchildren. If you would like more information on this new program, contact Lisa Mumford, Director of Children and Youth Services.

- **TEAMMATE TUESDAY!**

- Happy birthday to Yulonda Cheatham and Reggie Mathis! Both share a birthday on September 13.
- Happy birthday to Jeana Smith and Regina Smith on September 17!
- Happy 10-year anniversary to Malena Dickey and Nicole Gann on September 4.
- Teresia Ndungu celebrates 9 years at Fowler on September 4. Happy anniversary!

- On September 7 Guillermo Pallacios celebrates 11 years a Fowler. Happy anniversary, Guillermo!
- Charlotte Jenkins 16-year anniversary is on September 8! Happy anniversary!
- On September 9, Zoe Swann celebrates 4 years a Fowler.
- Happy anniversary to Lydia Kamau! On September 11 she celebrates 5 years at Fowler!
- Katie Pedigo's 4-year anniversary is on September 11. Happy anniversary Katie!
- **Welcome to the following new teammates:**
 - Amechi Achonwa, Charge Nurse
 - Debbie Bolden, Certified Medication Aide
 - Debbie Holloway, Certified Nurse Assistant
 - Etrice McAdams, Certified Nurse Assistant
 - Charmaine Rogers, Certified Nurse Assistant
 - Patricia Evans, Certified Nurse Assistant
 - Miriam Collazo, Certified Nurse Assistant
- **DIVERSITY, EQUITY AND INCLUSION SHARED STORY**
 - *Mexican Independence Day – September 16, 1810*

This fiesta-friendly holiday is celebrated honoring Mexico's declaration of independence from Spain in 1810. This day is filled with fiestas celebrating national pride with colorful parades, food, mariachi concerts, and more food! People of Mexican heritage around the world honor this day as a remembrance of when a brave priest in the village of Dolores rang his church bell, gathered all, and delivered a powerful speech initiating the War of Independence from Spain. This speech is known as Grito de Dolores (Cry of Dolores). As part of this celebration, there has been a long-standing tradition where the President of Mexico rings the same bell, which is now over 200 years old, live on television the night before the big celebration begins.
- **Make it a great day on purpose!**

COVID-19 Mental Health Support Line 24 hours a day, 7 days a week toll-free at 833-986-1919