

COMMUNITY BRIEFING

<u>February 22, 2022</u> • <u>2 p.m.</u>

- Good afternoon, Fowler Family!
 - HAPPY TWOS-DAY 2/22/22!
 - Today is a palindrome date, meaning it can be read the same both forward and backward, but also has the added value of being all twos. It is also a palindrome date around the world, even in countries that may write dates in a different format
 - In fact, every day for the rest of the month will be a palindrome day
 - Twosdays don't come that often it won't happen again for another 400 years!
 - Even Google is celebrating with a special surprise Type "2/22/22" or "Twosday" in the Google search bar and receive a confetti shower of "2s" on the computer screen, followed by a message that reads "Happy Twosday 2You!"
 - The ultimate palindrome will occur three times today: 2:22 am, 2:22 pm, and 10:22 pm (22:22 military time)

• <u>COVID UPDATE:</u>

- Positivity rate in the state of Texas is down to 11%
- UTSW is reporting hospitalization due to COVID has decreased another 32%; down 53% from 1 month ago
- Judge Clay Jenkins has lowered the COVID threat level from red to orange

• FOWLER UPDATES:

- As a result, we are updating our protocols here at Fowler
- MASKS:
 - In our unlicensed areas, masks are optional within our buildings it will be your choice whether to wear a mask at Fowler; use your best judgement based on your interactions
 - In our licensed areas all assisted living and memory care surgical masks can be worn
 - At this time, Carroll Neighborhood, our skilled nursing, will continue to wear N95 masks
- You may return to in-person worship services in the Chapel!
 - If you are coming over from another building, you must screen
 - If you are a resident in Jackson, you can screen in Jackson
 - If you are a resident in FCA, you can screen either in your building or at one of the screening centers at PNCC
 - This Sunday, The Reverend Andy Mangum will be preaching in our chape. Andy is a JFC board member, and he is the regional Minister for the Christian Church, Disciples of Christ. We are thrilled to welcome Andy to Fowler

- Next Wednesday is Ash Wednesday
 - Ash Wednesday service will be IN PERSON at 230pm
- Please remember to wear a mask and plan to maintain a bit of distance from others
- Reminder, please be watchful for visitors and volunteers they must all be screened at the Kiosk – you will know they have not screened in if they do not have on a name tag – please help us maintain a safe environment by encouraging everyone to do the required screening

UPCOMING EVENTS:

- This Friday, will be our JFC board meeting currently planned at Means Dining Room from 9a-2pm weather permitting
- We are preparing for potential weather this week; team Fowler is ever present during winter storms. If needed Fowler team members will stay the night or in close proximity so they can get to work and provide essential services
- Jackson Living center will be hosting a talent show in March we have some talent here at Fowler – now is your time to shine. Think about what you can do to participate in the talent show – residents and team members!

• **RESIDENT UPDATES:**

- Congratulations to Ebby House resident, Ali, who was recently accepted to college and secured an internship at LaLa Land Kind Cafe.
- John Robinson shared this recent story from the Carroll Neighborhood:
 - A recent guest arrived for skilled nursing and rehab with a hip fracture. He had significant pain and was unable to walk. Losing his mobility and in pain, his spirits were low. With the help of his strong family support and our exceptional physical, occupational and speech therapy, he fought for his future and walked out of Juliette Fowler on his own! We are so proud of his recovery and grateful to be part of his journey
- We welcome Juanita K., our newest resident at Jackson Living Center. Juanita is from Arlington where she is a member of First Baptist Church. She has two sons and daughters-in-love, two married granddaughters and five great grandchildren. Juanita's hobbies include sewing, reading and friends! Welcome Juanita!

• **RESIDENT BIRTHDAYS**

- 2/17 Sofia (Ebby House)
- o 2/23- Billie M (JLC)
- 2/24 Karissa (Ebby House)
- 2/28- Norma W (JLC)

• **<u>RESIDENT MOVE-IN ANNIVERSARIES</u>**:

- 1 year- Sandra B (JLC), Joan K (JLC), Nancy N (JLC), Janet H (PNCC), Laura L (FCA), and Robert S (FCA).
- 2 years- Janice A (FCA)
- o 5 years- Janis A (JLC)

• TEAMMATE TUESDAY!

• Happy birthday, Lin Chavez! Lin's birthday is February 25.

- Welcome to our new teammates:
 - Shaundra Tiller, Dining Services
 - Ebony Smith, C.N.A.
 - Eric Gaucin, Facilities
- D&I Committee will begin providing "shared stories" from our teammates. This is the opportunity to share our teams' unique life experience.
- o I would like to share a quick story about someone you rarely hear about.
 - He is an amazing employee who loves Fowler and says this is one of the best places he's worked in his lifetime, and he adds, "I've worked at a lot of places in my day and seen many different faces" as he was a long-haul truck driver for many years traveling across 50 states. He is originally from California and says he still reminisces about the bay area and beaches along the coast. However, the love of his life and now his wife for more than 28 years, is from Greenville, TX which is why he transitioned to Texas many years ago. They share two beautiful daughters and two handsome grandsons together.
 - When he shared his story, he said San, "My family is a real melting pot of God's creation of people." His grandson is bi-racial, his sister is married to an African American man, and there are other members in his family that married outside of their race. When asked what he thought about having such a diverse family, he replied, "I love everybody in my family, we don't see color, it's about who you love, and not the color of your skin because everyone heart is the same color on the inside" He went on to say that having such a diverse family background has its pros and cons. When asked for 1 pro and 1 con, he stated "One pro is that he could have a genuine conversation with his brother-in-law concerning racism because they both experienced it for different reasons, and the con was, they often got stares from the opposite race if he and his wife went to a pub or restaurants with his sister and brother-in-law.
 - When asked how this affects him today, he replied, "I wouldn't change a thing, that's my family and I love them regardless" He ended the conversation with how important it is to have something like D & I in every workplace because we really don't know our coworkers/employees' backgrounds unless you ask them. He also added, "we have to be careful with our words, because you could be offending someone without knowing it." I would like to thank Gary Willis for sharing his amazing story with me.

DIVERSITY, EQUITY AND INCLUSION

Today, in honor of Black History Month, we spotlight Claudette Colvin, activist and pioneer of the civil rights movement. Claudette was just 15 years old when she was arrested for refusing to give up her seat on a Montgomery Alabama bus in 1955, just 9 months before Rosa Parks was arrested for the same thing. On March 2nd, 1955, Claudette was riding a city bus home from school, when the bus driver told her and three other passengers to give up their seats to a white passenger. The three other passengers complied, however, recognizing the injustice, Claudette refused, saying, "It's my constitutional right to sit here as much as that lady. I paid my fare, it's my

constitutional right." In a recent interview with *Newsweek*, Claudette said, "I felt like Sojourner Truth was pushing down on one shoulder and Harriet Tubman was pushing down on the other—saying, 'Sit down girl!' I was glued to my seat." Claudette was arrested on several charges and was found guilty in court for assaultsentencing her to probation. "The NAACP briefly considered using Colvin's case to challenge the segregation laws, but they decided against it because of her age. She also had become pregnant, and they thought an unwed mother would attract too much negative attention in a public legal battle". Two years later, Claudette moved to New York City to raise her family and work as a CNA providing care to older adults in a long-term care environment where she remained for 35 years. Today, the age of 82, Claudette continues to be an advocate for racial equity and continual progress.

• Make it a great day on purpose!

COVID Hotline: Phone: 214-515-7184 • Spanish Speaking Line: 214-515-1385

Email: Covid19info@fowlercommunities.org

COVID-19 Mental Health Support Line 24 hours a day, 7 days a week toll-free at 833-986-1919