



COMMUNITY BRIEFING

November 09, 2021 • 2:00 p.m.

- **Good afternoon Fowler Family!**
- Nicole, Gentry, and Billie are at a Leading Age Leadership Conference this week along with Scott, Erin, Pam and Valarie.
 - Nicole is the chair of the conference so as you can imagine it is going quite well
- **COVID UPDATE:**
 - Yesterday Dallas County reported 335 new cases.
 - A pediatric version of the Pfizer vaccine is now available for children ages 5-11
 - The Pfizer test results shared with the FDA show that its vaccine prevents symptoms in most children and causes no side effects more serious than those already seen in older age groups
- **FOWLER UPDATES:**
 - The positivity rate in Dallas County has dropped to 4.49% - this has been a two-month journey to get below that magic number of 5— as you remember we were close to 15% in August
 - Getting below 5% impacts our COVID protocols at Fowler so this is reason to celebrate
 - **New Fowler**
 - Effective today:
 - **FULLY VACCINATED** residents and staff in UNLICENSED areas are no longer required to wear masks
 - We do suggest that you wear a mask when you are around a visitor; when with your teammates and residents, you are with members of your 'household'
 - **FULLY VACCINATED** residents and staff in LICENSED areas may now wear surgical masks instead of KN95
 - **UNVACCINATED** residents should continue to wear masks in public pursuant to the recommendations of the CDC
 - You may choose to wear a mask regardless of if you have a weakened immune system, because of your age, or an underlying medical condition. When making these decisions, consider family members who are not vaccinated or have weakened immune systems or illness, such as cancer
 - **VISITORS** are required to wear masks and can return to wearing surgical masks – no more KN95 requirements
 - Visitors are no longer required to schedule visits on sign-up genius in any building

- The number of visitors is no longer restricted
 - Children under 18 may now visit loved ones
 - FCA VISITORS continue to screen in at the Means Activity Center entrance by 5pm – this is not staffed after 5 so you must arrive in time to be screened in
 - Another COVID Booster clinic will be held this Thursday – those who had the Moderna vaccine originally may get their booster
 - 330pm at Means Activity Center for all FCA residents
 - Immediately followed by a Booster Clinic at PNCC 2nd floor [approximately 4pm]
- **UPCOMING EVENTS:**
 - VISIONARY WOMEN!
 - The 2021 Visionary Women Luncheon will be held at the Omni Hotel on November 18: 11:00-1:15. We have several Dutch Treat tables in the works – come join us!
 - Jackson residents can sign up at the front desk with Shrhonda and charge their ticket to their monthly bill
 - Family members may purchase tickets by calling Jamie at 214-515-0342 – be sure to let her know you are a family member so we can seat you with other Fowler Family members
 - Tickets are \$200
 - Resident transportation has been scheduled, contact Shrhonda at Jackson Living Center to secure your seat on the bus!
 - Thanksgiving Events at Fowler:
 - FCA residents will celebrate with a special Thanksgiving lunch on Wednesday 11/17
 - Jackson Living Center residents will enjoy a traditional Thanksgiving meal together at lunch on 11/19
 - PNCC residents will enjoy a High Tea Social on 11/19:
 - Carroll residents in the Carroll Neighborhood
 - Junius and Flora residents in the assisted living dining room
 - Worth residents in the 2nd floor life enrichment area
 - PNCC residents will also enjoy traditional Thanksgiving meals at lunch on Thanksgiving Day
 - FALL FEST at Willis Winters Park
 - This Saturday, the Dallas Police Department and the Mount Auburn community are holding a Fall Fest at Willis Winters Park 11am-4pm
 - A Kick Ball Game will be held from 1-3pm between members of the neighborhood and the Dallas Police Department – come cheer them on!
 - There will be a DJ, food, beverages, a magician and other family friendly games.
 - Fowler is a sponsor of this event and residents are invited to join in the activities – this event is free to the public

- **RESIDENT SHOUTOUT**

- While grocery shopping last week, one of our Ebby House mentors and two Ebby House young women intervened and rescued a young woman being physically assaulted in the store parking lot. With quick reactions and unbelievable courage, Julie and the Ebby residents stopped the assault, pulled the young woman being harmed out of the way, and ran the assailant off.
- Police were called and the young woman was taken to a safe place. Confronting the perpetrator and rescuing the victim took a coordinated effort and such bravery on all three of their parts. After returning to The Ebby House, we collectively and separately processed the event and discussed the triggering incident. All the women of Ebby have histories of abuse so rescuing this young woman was an act of personal bravery for them. Both residents and Julie are safe and extremely proud of their efforts.
- We celebrate their courage and their own safety

- **RESIDENT BIRTHDAYS**

- 11/9- Gerry (JLC), Phyllis (PNCC)
- 11/11 – Richard (FCA)
- 11/12 – Diane (FCA)
- 11/14- Susan (PNCC), Mary (PNCC)
- 11/15 – Katherine (FCA), and Linda (FCA)

- **RESIDENT MOVE-IN ANNIVERSARIES:**

- 4 years- Eva (JLC)
- 5 years- Kristen (PNCC)
- 6 years – Dolores (FCA)

- **RESIDENT MEMORIAL:**

- FCA resident Jane passed away Friday. Jane moved to FCA 17 years ago and will be remembered as a classy, smart, caring, and giving friend and neighbor. Please keep her family and friends in your prayers

- **TEAMMATE TUESDAY!**

- Shout out to Jeana Smith. Jeana is one of our managers at FCA and will be the manager at the new building when it opens. She started at Fowler at our youth program and transitioned to FCA when the youth residential treatment center sunset in 2010. In all, Jeana has been at Fowler for 27 years. We highlighted Jeana in March during her anniversary month on Facebook. Today, there was a response to that post that I want to share:
 - “I lived at Fowler for a few years back in 1997-99. I will never ever forget the impact jeana had on my life. I’ll never forget her Pomeranians! Happy to see she’s still serving and making an impact! What a commitment! I am who I am today partly because of her commitment to my care when I was there.”
Formerly Meredith McClelland.
 - We don’t always hear the outcomes of the youth that we serve – thank you Jeana for transforming lives
 - This is a testament of the work that Lisa and her team are doing today at The Ebby House

- Happy birthday to Billie Collins! Billie's birthday is November 11.
- Happy anniversary to Tom Brooks on November 7! Tom has been with Fowler for 25 years!
- Happy anniversary to Susana Olvera! Susana celebrates 5 years at Fowler today November 9!
- We received a shout out from a resident for Ann Garcia. This resident shared: I just wanted you to know that I wanted to commend someone who I think does a very good job. She is Anna Garcia. She does a lot of good things around here. I think she's busy trying to keep that residents busy with different activities even though participation may be low at times.
- Another resident shout out to two of our facilities teammates. This resident shared: want to commend Maintenance team members Lin and Albert; they are efficient, and always have done a great job when I need them; just wanted you to know
- A shout out to Armen from a resident stating: Armen is the most kind, loving, friendly, helpful personality. Not only is he good at getting things fixed around here, but he is so pleasant to be around. He just bends over backwards to help all those residents. He is just phenomenal. One day, a while back there were some residents in the activity room. Someone said, I wish I could hear some music and Armen walked over, opened up the piano and played. Just gorgeous music. Then he played another song and he sang! He lifted our spirits and our hearts! Every time I see Armen, he just makes me feel better.
- **DIVERSITY: Men's Mental Health Month**
 - November is Men's Health Awareness Month. This month has been dedicated to the physical and mental health of the male gender, and all who identify as male in their daily life.
 - On average, men die 5 years earlier than women. Statistics show:
 - Around 10.8 million globally are facing life with a prostate cancer diagnosis.
 - Testicular Cancer is the most common cancer among the male gender.
 - 1 person dies by suicide per minute each day of the year. Persons of male gender, and those who identify as male, account for 75% of suicides each year.
 - Men have long had the mentality of "if it ain't broke, don't fix it" and this mentality has spilled over into their health. If they cannot see or feel an issue, it simply doesn't exist. This hinders the preventative measures needed to have early detection in life and death situations such as cancer.
 - Learning how to early detect, and prevent, the most common weapon that is killing our loved ones is imperative. By receiving required injections, annual health screenings, and performing self-exams at home one can stay on top of their health and live a much longer life.
 - Mental Health is another serious issue among the male population. Pressures of society can also add a huge burden on the male gender. Persons either born male, or who identify as male, are held to certain standards in society. They are expected to provide, support, protect, and never show fear or emotion. Over time, this can take its toll on

their mental health. Especially for those struggling with PTSD, unemployment, loss of a loved one, or any other major life event.

- The LBTGQ+ population must also be kept in mind this month for persons who were born male, as well as those who identify as male. Please keep the mental health in mind for persons who are going through transition, coming out, or for those who feel alone because they have been shunned by loved ones for living their truth.
- Thankfully a group called Movember began in 2003 as a movement to bring awareness to the male population about health and wellness to reduce the number of deaths. They have funded 1,250 projects for men's health around the world since 2003. These supporters can be seen growing out their mustaches through the month of November to show their continued support for men's health.
- **Make it a great day on purpose!**

COVID Hotline: Phone: 214-515-7184 • Spanish Speaking Line: 214-515-1385

Email: Covid19info@fowlercommunities.org

COVID-19 Mental Health Support Line 24 hours a day, 7 days a week toll-free at 833-986-1919