



THE BRIEFING

October 26, 2021 • 2:00 p.m.

- **Good afternoon Fowler Family!**
- Today, Nicole is in Fort Worth at Channel 5 taping a segment for Texas Today!
 - Her topic will be Alzheimer's and Caregiver Awareness Month and our upcoming luncheon featuring Leeza Gibbons
 - We will let you know as soon as we know when this segment will air!
- Last week, Nicole had a Zoom call with Leeza Gibbons and shared with Leeza a little bit about Fowler and Visionary Women Luncheon
 - Leeza complimented Nicole and told her she was a "master at story telling"
 - Fowler looks forward to hosting Leeza at the Omni on November 18 for our annual fundraiser – last year's event was cancelled and we look forward to being in person this year
 - To purchase tickets, go to <https://fowlercommunities.org/visionary-women-luncheon/> or call Jamie at 214-515-1342
 - We are putting together dutch treat tables of family members and residents who wish to go – tickets are \$200 each
- **COVID UPDATE:**
 - Dallas County did not provide a number of new cases yesterday – they did report 12 new deaths
 - The Dallas County positivity rate continues to decline – now at 6.26%
 - The 7-day average of new cases for the week ending 10/16/21 was 360,
 - 78% of the new cases are those who are unvaccinated
 - 72% of individuals ages 12 and over have received at least one dose of the vaccine as of 10/16
- **FOWLER UPDATES:**
 - Today, our FCA residents and staff received their flu shots
 - On November 3, we will hold the COVID Booster Clinic
 - 9:30am the Clinic will start in JLC
 - 11am, FCA IL residents followed by FCA AL residents
 - 1pm, PNCC upstairs for those residents and staff and then they will go downstairs and go from room to room in Carroll and Worth
 - You should all have received consent forms to complete – please have those ready and turned back into your front desk
 - Please bring your COVID Vaccine card with you if you have it so that all your documentation is in one place – if you do not have it, that will not prevent you from getting the booster
- **RESIDENT BIRTHDAYS**

- 10/18- A Happy Belated birthday to Bob (JLC)
- 10/26- Norma (JLC), and Margaret (PNCC)
- 10/27- Philip (PNCC), and Vicky (FCA)
- 10/28- Kyle (PNCC)
- 10/31- Dorothy (JLC)
- 11/01 – Ruby (FCA)
- **RESIDENT MOVE-IN ANNIVERSARIES:**
 - 1 Year – Mary-Catharine (FCA)
 - 2 Years – Maria (FCA)
 - 7 Years – Cindy (FCA), and Kathleen (FCA)
 - 16 Years- Joan (PNCC)
 - No JLC anniversaries
- **RESIDENT SHOUTOUT:**
 - Congratulations to our Halloween Door Contest winners in FCA
 - 1st Place goes to Vicky in A building
 - 2nd place goes to Barbara in E Building
 - Congratulations to Norma and Bill M. who were recently awarded the Eleanor Roosevelt Lifetime Achievement award for their work with the United Nations – Dallas Chapter.
 - “Founded on the promise to advance peace and prosperity for people and the planet, United Nations Day Awards honor individuals and organizations from multiple industries who are advancing the United Nations Sustainable Development Goals agenda by promoting peace and wellbeing around the world.”
 - Last Friday was National Make a Difference Day – I hope all of you celebrated in some way
 - Thank you to the residents and staff in JLC who held a clothes drive for Genesis Women’s Shelter and a food drive for the emergency food pantry at FCA
- **UPCOMING EVENTS**
 - This Friday, we will celebrate Halloween AND we will welcome back 75 volunteers from Deloitte for their 20th year of Impact Day at Fowler
 - We have missed these volunteers and we are excited to see these hardworking volunteers doing their work in our gardens!
 - Teammates and residents are welcome to dress in Halloween costumes – each building has chosen a theme – it will be such a fun day!
 - Saturday, the One Heart Society will do a pumpkin decorating activity at the PNCC Courtyard from 10-11am
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- **TEAMMATE TUESDAY!**
 - Happy birthday to Beverly McKinney whose birthday was on October 24.
 - Happy birthday to Ann Garcia! Ann’s birthday is today.
 - Tina Harris celebrated her 20-year anniversary on October 24. Happy anniversary, Tina!
 - Happy anniversary to Ann McKinley who celebrates 9 years at Fowler on October 28!

- Wishing Michael Blackwell a very happy 7-year anniversary! Michael's anniversary is on October 29.
- On October 29, Jessie Cisneros also celebrates his 7-year anniversary. Happy anniversary Jessie!
- Sofi Emiru also celebrates 7 years at Fowler on the 29. Happy anniversary, Sofi!
- A shout out for loving people: Nursing staff on Carroll, Assisted Living and Assisted Living Memory care. A family member shared, "They were kind, caring and very supportive in going through the good times and the tough times. They are helping resident's heal and make significant progress once they come to Juliette Fowler! The nursing staff has been wonderful and continues to make a difference in resident's lives. They are going above and beyond to make residents feel at home and taken care of.
- Another resident shout out for Loving People and Making a Difference: I'm pleased with the level of care I have been given while being at PNCC in skilled nursing. I loved the therapist and the nursing staff provided great care to me and my needs. The therapists challenged me enough to ensure I built my strength back up. I would go back to Fowler in a heartbeat!
- Bill and Norma Matthews wish to give a huge shout out to Jennifer for making Sat Oct 23 as special day for us as we received the Eleanor Roosevelt Leadership Award from the Dallas Chapter United Nations Association.. Jenn set up the zoom in the media room, provided refreshments for those who came to view the awards given to us and the Dallas organizations who support the sustainable development goals of the UN.
- A shout out to Luis who helped set up the Zoom on Friday. We are very grateful for Jenn, Luis and the Jackson residents who came to support us.
- D&I Why We Celebrate Down Syndrome Month
 - October was first designated as Down Syndrome Awareness Month in the 1980s and has been recognized every October since. It is a time to celebrate people with Down syndrome and make others aware of their abilities and accomplishments.
 - People with Down syndrome are just like everyone else. They have similar dreams and goals, and they want to have successful careers and families. They can drive, go to work, go to college, go on dates, get married, and contribute to society.
 - They can also participate in sports. When [Eunice Kennedy Shriver](#) proposed the first Special Olympics, she was told harmful myths about people with Down syndrome, such as they had "negative buoyancy" and would sink in the water. Shriver made sure to include swimming in the first Games in 1968 to change people's attitudes.
 - Since then, athletes with Down syndrome have exceeded in all types of sports, from swimming and gymnastics to basketball and athletics. In recent years, they've taken on endurance events, including the triathlon and open water swimming.
 - Coach Anne McLindon, Chairperson for Special Olympics Open Water Swimming shares, "My moments on the beach watching open water swimmers with Down syndrome are filled with profound gratitude for all the families, coaches, and

communities who have encouraged, supported and believed in the ability of these athletes and provided opportunities for them to shatter the stereotypes and show the world their amazing talents and abilities.”

- **Make it a great day on purpose!**

COVID Hotline: Phone: 214-515-7184 • Spanish Speaking Line: 214-515-1385

Email: Covid19info@fowlercommunities.org

COVID-19 Mental Health Support Line 24 hours a day, 7 days a week toll-free at 833-986-1919