



THE BRIEFING

October 19, 2021 • 2:00 p.m.

The COVID Briefing has now transitioned to a weekly **COMMUNITY CONNECTION** and will continue to provide information of interest to the Fowler Family. We hope you will prioritize Tuesday at 2pm and tune in to Channel 6 as a time of connection, community, and communication.

- **Good afternoon Fowler Family!**
- **COVID UPDATE:**
 - Yesterday Dallas County reported 834 new cases of COVID
 - Positivity rate has dropped to 7.43%
- **FOWLER UPDATES:**
 - Fowler COVID Booster clinic will be Wednesday November 3, starting at 9am
 - You will get your new paperwork in the next couple of days along with a time frame of when the clinic will be in your building
 - We are experiencing internet and WIFI issues
 - We have a team working on it and will be developing a plan to resolve the issues
 - The world is mourning the death of Colin Powell a 4 star general and the first black secretary of state
 - The 84 year old died from complications from COVID amid a cancer battle
 - He was fully vaccinated; individuals who are immune compromised, such as he was by his cancer, are at higher risk
 - Powell was a distinguished and trailblazing professional soldier whose career took him from combat duty in Vietnam to becoming the first Black national security adviser during the end of Ronald Reagan's presidency and the youngest and first African American chairman of the Joint Chiefs of Staff under President George H.W. Bush.
 - His national popularity soared in the aftermath of the US-led coalition victory during the Gulf War, and for a time in the mid-90s, he was considered a leading contender to become the first Black President of the United States.
 - Powell is survived by his wife Alma and three children
 - He lived a life based on 13 rules
 - It ain't as bad as you think; things will look better in the morning
 - Get mad and get over it
 - Avoid having your ego so close to your position that when your position falls, your ego goes with it
 - It can be done
 - Be careful what you choose – you may get it.
 - Don't let adverse facts stand in the way of good decisions

- You cant make someone else’s choices and you shouldn’t let someone else make yours
 - Check on the small things
 - Share credit
 - Remain calm. Be kind
 - Have a vision. Be demanding
 - Don’t take counsel of your fears or naysayers
- **RESIDENT BIRTHDAYS**
 - 10/20 – Mary (FCA)
 - 10/21 – Della (FCA)
 - 10/23- John (JLC), Susanne (JLC), Beatrice (PNCC), and Abeba (FCA)
 - 10/24- Dorothy (PNCC)
- **RESIDENT MOVE-IN ANNIVERSARIES:**
 - 1 Year – Beverly (FCA), and Connie (FCA)
 - 3 Years- Betty (PNCC)
 - 5 Years- Millie (JLC)
 - 7 Years – Greg (FCA), Philip (FCA), Brunilda (FCA)
- **RESIDENT SHOUTOUT:**
 - Congratulations to Norma and Bill Mathews for receiving the Eleanor Roosevelt Lifetime Achievement award from UN Day of Global leadership Awards. The awards ceremony is via zoom on Saturday, October 23rd at 10am.
- **TEAMMATE TUESDAY!**
 - Happy birthday to Joanie Granberry! Her birthday is tomorrow, October 20.
 - Happy anniversary, Helen Lamb! Helen’s anniversary was October 18. Helen has been at Fowler for 21 years!
 - Congratulations to Ryan Moreland who accepted a full time position at Jackson Living Center as Floor Technician. Most of you know Ryan as he has helped our facilities team out at FCA during the summers for several years. Congratulations Ryan!
 - Join me in welcoming Maureen Muchemi! Maureen recently earned her RN at Navarro College. Maureen completed her clinicals at Baylor Scott and White Medical Center, Terrell State Hospital, New Century Hospice, Ennis Junior High and Dallas VA Medical Center. Welcome to the Fowler Family, Maureen!
 - Loving People was evident on the Carroll neighborhood yesterday. Teammates recognized one of our beloved nurses. Saul just got engaged and the team came together to show him love by presenting him with a special cake, a card and gifts along with many comments of celebration. Residents joined in the celebration and enjoyed cake and ice cream with the team in this special moment.
 - Sylvia Macias received a wonderful shout out for loving people and pursuing excellence. Every Sunday since her first day, Sylvia takes charge of ensuring residents at Jackson have a nice place to gather and ensures they are able to receive communion. She creates a peaceful atmosphere for worship. Way to go, Sylvia!
 - Inspired by Canada’s Pink Shirt Day which focuses on anti-bullying for youth, Brittany McMillan became determined to create a day to support LGBTQ youth in America.

Brittany took to social media in a passionate plea for fellow supporters to wear the color purple on the 3rd Thursday in the month of October. She chose the color purple because the color represents “spirit” in the LGBTQ flag. Due to her perseverance, the first Spirit Day was held on October 21, 2010.

With its popularity increasing, this day gained the attention of GLAAD. GLAAD is an American non-governmental media monitoring organization founded as a protest against defamatory coverage of LGBTQ people in society.

As of today, the annual Spirit Day Celebration is organized and promoted by GLAAD. This organization also provides spirit day resources and kits for ally youths to stand up against bullying in their own schools.

- The intention of Spirit Day is to bring attention and support to the youth of the LGBTQ community. These individuals are subjected to an unrealistic amount of bullying (verbally, through social media, mentally, physically, etc.) all while trying to just go to school. Spirit Day is not just to raise awareness that this is going on, but to lift-up those who are going through it to show them support and love as they try to navigate their own personal journey.
- **Make it a great day on purpose!**

COVID Hotline: Phone: 214-515-7184 • Spanish Speaking Line: 214-515-1385

Email: Covid19info@fowlercommunities.org

COVID-19 Mental Health Support Line 24 hours a day, 7 days a week toll-free at 833-986-1919