



WKH#EUMIIOJ#

October 12, 2021 • 2:00 p.m.

- **Good afternoon Fowler Family!**
- **COVID UPDATE:**
 - Yesterday Dallas County reported 834 new cases and 22 deaths
 - The positivity rate has dropped below 10% and that impacts us at Fowler
 - **Teammates in all areas may return to wearing surgical masks instead of N95 masks**
 - Visitors and volunteers must continue to wear N95 or KN95 masks
- **FOWLER UPDATES:**
 - Yesterday, we celebrated the lives of 5 of our residents who passed away in 3rd quarter
 - Our next Celebration of Life will be held in January
 - Last Friday, James Irvie H passed away at 104 years young
 - Irvie had been a resident at Jackson Living Center and most recently lived in the Carroll Neighborhood at PNCC
 - Irvie was the father of former teammate Judy M
 - This week is Pastoral Care week, and we recognize the contributions of Chaplain Venessa and the many area ministers who volunteer at Fowler
 - Chaplain Ve, we are grateful for your ministry at Fowler; we are blessed by your love
- **RESIDENT BIRTHDAYS**
 - 10/12- Phyllis (PNCC)
 - 10/13 – John (JLC) and Elizabeth Ann (PNCC)
 - 10/14- Marjorie (PNNC), and Ana (FCA)
 - 10/15 – Juana (FCA), and Melvin (FCA)
 - 10/16- Patricia (PNNC), and Preddy (FCA)
 - 10/17- Edith (JLC)
- **RESIDENT MOVE-IN ANNIVERSARIES:**
 - We have one correction from last week:
 - Monroe (FCA) has been here for 10 years, not 7 years
 - 7 Years- Faye (PNCC), and Gladys (FCA)
 - No JLC anniversaries
- **TEAMMATE TUESDAY!**
 - Happy birthday to Seychelle Jackson! Seychelle's birthday was on Oct 12
 - Wishing a happy birthday to Shranda Gowans! Shranda's birthday is today!
 - Linda Solis's anniversary is today! She has been at Fowler for 1 year. Happy anniversary Linda!

- Welcome to Shranda Gowans as well! Shranda is our new Life Enrichment Coordinator in Assisted Living at PNCC. She just joined us last week. Shranda previously served at Senior Care Rowlett as Wellness Life Enrichment Director. Before that she served at Lifetime wellness as Life Enrichment Coordinator. Shranda shared with me last week she makes a mean cheesecake!
- Welcome Jennifer Swann! Jennifer joined our Dining Services team yesterday! She previously served at Tom Thumb as a Deli Clerk, Potbelly as a shift lead, North Pointe Nursing and rehab as a Cook and at Irving Nursing and Rehab as a Cook and Dining Aide.
- Welcome back to Ty Miller! Ty served previously with us at the Means check in center during the pandemic, as well as at Kenny as a part time manager and cashier. We are so happy all 3 of our new team members decided to join the Fowler Family.
- **NATIONAL HISPANIC HERITAGE MONTH**
 - As the proverb goes, when you educate a woman, you educate a family. Jovita Idár believed that wholeheartedly. Jovita Idár was born in 1885 in Laredo, Texas. One of eight children, Idár's parents were Jovita and Nicasio Idár. Her father Nicasio, was a newspaper editor and a civil rights advocate. From an early age, Idár was exposed to journalism and political activism. She attended a Methodist school in Texas called the Holding Institute where she earned a teaching certificate in 1903. Idár immediately began teaching, but soon resigned due to the segregation and poor conditions for Mexican-American students. During this time, the Mexican-American community in Texas also frequently faced violence and lynching. Idár started working for her father's newspaper La Crónica, where two of her brothers were already working. The paper was a source of news and activism for Mexican-American rights. She often wrote articles speaking about racism and supporting the revolution in Mexico. In 1911, Idár and her family organized the First Mexican Congress to unify Mexicans across the border to fight injustice. The congress discussed many issues including education and lack of economic resources.

After the Congress, Idár wrote an article for La Crónica supporting women's suffrage and encouraging women to vote. Idár and her brothers began to advocate for women's rights and continued to write about women's suffrage in a positive light. In October of 1911, she founded and became the first president of La Liga Feminil Mexicaista (the League of Mexican Women). This feminist organization started their activism by providing education for Mexican-American students. A few years later, Idár decided to go to Mexico to take care of the injured during the Mexican Revolution. She served as a nurse and eventually joined a group similar to the Red Cross called La Cruz Blanca. Later that year, she returned to Texas and began working at the El Progreso newspaper. While she was there, she wrote an article protesting President Woodrow Wilson's decision to send United States troops to the border. The United States Army and the Texas Rangers did not like that she spoke out, so they went to the offices of El Progreso to shut it down. When the Rangers arrived, Idár stood in front the door and

would not let them in. However, they returned later and forced El Progreso to shut down.

Even though the Rangers shut down El Progreso, Idár continued to write and advocate for the fair treatment of Mexican-Americans. She went back to La Crónica and soon started running the newspaper when her father passed away in 1914. A few years later, Idár married Bartolo Juárez and moved to San Antonio, Texas. She became active in the Democratic Party in Texas and promoted equal rights for women. She also became an editor of a publication for the Methodist Church called El Heraldillo Cristiano. Idár remained committed to her community by volunteering in a hospital as an interpreter for Spanish-speaking patients, and started a free kindergarten for children. She was known for saying, “when you educate a woman, you educate a family.”[1] Jovita Idár died in San Antonio, Texas in 1946.

- **Make it a great day on purpose!**

COVID Hotline: Phone: 214-515-7184 • Spanish Speaking Line: 214-515-1385

Email: Covid19info@fowlercommunities.org

COVID-19 Mental Health Support Line 24 hours a day, 7 days a week toll-free at 833-986-1919