

September 14, 2021 • 2:00 p.m.

- Good afternoon Fowler Family!
- COVID UPDATE:
 - In the past <u>week</u>, Dallas County reported <u>72</u> more deaths and a total of <u>10,421</u> new COVID cases
 - One of these deaths was a baby less than a year old who had underlying health conditions
 - The other deaths ranged from a woman in her 30s to a man in his 100s
 - Hospitalizations continue to be high, though the number of new admissions to hospitals is flattening for adults
 - not for children; our pediatric Intensive Care Units remain full as children under 12 are unable to be vaccinated
 - \circ $\;$ The first cases of the Mu variant have been diagnosed in Dallas
 - Health experts are calling the Mu variant a "variant of interest"; it has not risen to a "variant of concern" like the Delta variant, which still accounts for 99.9% of all Texas cases
 - The significance of recognizing the Mu variant, however, is that COVID continues to evolve and mutate – it is not slowing down or going away as hoped
 - Our best defense continues to be vaccines, masks, hand washing and avoiding large crowds. If you do not know if someone is vaccinated, wear your mask.

• FOWLER UPDATES:

- In other news at Fowler:
 - We apologize to residents who tuned in to Channel 6 today for yoga; our staff training ran longer than anticipated
 - Today, JLC and support services received their annual flu shots thank you to team members and residents who received their flu shots
 - The FCA flu clinic is setup for 9/28 starting at 8am
 - Consent forms were passed out door to door
 - If you no longer have yours, you may get a replacement from the front desk or screening area
 - Your form must be turned in by noon on 9/27 to reserve your vaccine
 - The Ebby House has a volunteer opportunity we are in need of adults who can tutor our youth – if you are interested in being a volunteer tutor, please contact Lisa Mumford at 214-515-1341
- This week, FCA assisted living and Worth Memory care will receive new washer/dryers that have been donated by Ed Brown Appliances. The Brown family is making this

donation in honor of "T" in recognition for the outstanding care she provided their mother in PNCC Assisted Living.

- The Eucharistic Minister from St. Thomas Aquinas Catholic Church will now be coming weekly on Tuesday instead of Thursday
- Next week is North Texas Giving Day on Thursday 9/23
 - We have a video series that we have been posting on Facebook many of our team members and residents participated
 - Our theme is #That'sMyWhy
 - Please Like, Share, and Comment on our Facebook posts and help us connect with your friends and family
 - Please consider sharing your WHY why do you work at Fowler, why are you a member of the Joy Team, why do you love Fowler
 - Our goal for North Texas Giving Day is \$50,000 for the One Heart Fund
 - When you give to One Heart you are providing food and shelter for vulnerable children, youth, and older adults at Fowler; you are supporting our exceptional I'm Still Here dementia program; you are also providing life enrichment and spiritual life programs
 - Each of us have an opportunity to ask our friends and family members to donate to Fowler and to share our WHY – please do, they will respond because you asked

<u>RESIDENT BIRTHDAYS</u>

- o 9/14 Pamela (FCA)
- o 9/16- Mary Ann (PNCC)
- o 9/17 Raquel (FCA)
- 9/19 Connie (FCA)
- No JLC Birthdays

<u>RESIDENT MOVE-IN ANNIVERSARIES</u>:

- No JLC Anniversaries
- 1 Year Kathleen (FCA) & Deborah (FCA)
- 2 Years Karen (FCA) & Virginia (FCA)
- 3 Years- Beverly (PNCC)
- 4 Years Pamela (FCA)

• TEAMMATE TUESDAY!

- Happy birthday to Ryan Moreland! Ryan's birthday was September 12.
- Happy birthday to Regina Smith! Her birthday is on September 17.
- Wishing a happy birthday to Jeana Smith! Jeana's birthday is also on September 17.
- September 18 is Linda Solis birthday. Happy birthday, Linda!
- Happy 3-year anniversary to Leticia Garcia! Leticia's anniversary was on September 12.
- Katie Pedigo's 3-year anniversary was also on September 12. Happy anniversary, Katie!
- Zelalam Kebede celebrates 6 years at Fowler on September 16. Happy anniversary!
- Huge shout out to Malena and Charlotte at FCA for completely going through and helping to organize the nurse's office! It was a big undertaking and they both just

jumped right in and were done in just a few hours! Thank you for loving people and making a huge difference!

DIVERSITY SPOTLIGHT

- <u>Who was Richard E. Cavazos</u> the son of a King Ranch cowhand. His father, Lauro Cavazos, came to Kingsville in 1912, fought as an Army artillery sergeant in World War I and became a foreman of the King Ranch's Santa Gertrudis division in an era of intense racism. Richard E. Cavazos was born on January 31, 1929, in Kingsville, Texas, and was raised on a ranch. His education began at Texas Technological University, now known as Texas Tech University graduating with a BS, In geology in 1951. He married Caroline Greek who soldiered with him for 65 years. They had three daughters and one son.
- His Military Service in the U.S. Army span from 1951-84
- Korean War In 1953 First Lieutenant Cavazos received the Silver Star and the Distinguished Service Cross for his heroic actions Company Commander of the 65th Infantry Regiment
- <u>Vietnam War</u> In 1967 Lieutenant Colonel Cavazos Commander of the 1st Battallion, 18th Infantry Regiment. Second distinguished Service Cross for his extraordinary heroism.
- <u>Post-Vietnam</u> After Vietnam, Cavazos served as commander of the 2nd Brigade, 1st
 Infantry Division, and commander, 9th Infantry Division. In 1976 he became the first
 Hispanic to reach the rank of brigadier general in the United States Army. In 1980, he
 became commander of III Corps and is recognized for his innovative leadership of the
 Corps. In 1982 he made military history by being appointed the army's first Hispanic
- <u>Retirement/Personal</u> On June 17, 1984, after thirty-three years of distinguished service, General Cavazos retired from the United States Army
- The 65th, comprised mostly of soldiers from Puerto Rico, was a minority unit similar to the African American Tuskegee Airman of World War II. They were called "The Borinqueneers" after an indigenous Puerto Rican Indian tribe—suffered racism and segregation away from the frontlines. How did Richard Cavazos pivot? Cavazos stated this took a "toll on the 65th, leaving scars that have yet to heal for so many of the regiment's proud and courageous soldiers
- Cavazos rose above this racism, going on to become one of the most respected generals—Hispanic or otherwise—in the military. General Richard E. Cavazos died at the age of 88 on October 29, 2017. He was buried with full military honors at Fort Sam Houston National Cemetery on Nov. 14, 2017.
- Make it a great day on purpose!

COVID Hotline: Phone: 214-515-7184 • Spanish Speaking Line: 214-515-1385 Email: Covid19info@fowlercommunities.org COVID-19 Mental Health Support Line 24 hours a day, 7 days a week toll-free at 833-986-1919