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Focus

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Music & Memories

Former social worker and tech professional Dan Cohen established the Music & Memory program in 2006 when he started wondering, "If I'm ever in a nursing home, would I be able to have access to my '60s music?" After concluding that not one of the 16,000 nursing homes in the United States used iPods, Cohen made it his mission to bring the power of music to others.

Fowler Administrator Diana Patten learned of the program and through donor support, she secured an initial twenty iPods and sought the help of Tri-M members at Ursuline Academy to implement Music & Memories at Fowler. The music honor society group interviewed residents, and in some instances, family members, to learn what types of music the resident preferred. They downloaded favorite songs and hymns, creating individualized playlists for each participant.

As the only certified Music & Memory partner in Dallas, Fowler ensures families that their loved ones will have access to the transformative, therapeutic benefits of personalized music. This marks our commitment to person-centered care.

"Beloved music often calms, uplifts, and enables the listener to focus on the present moment and regain a connection to others," shares Naomi Mathes. "Music is one of the last things to leave our memory."

Music & Memories is just one of the many life enriching programs offered at Juliette Fowler Assisted Living & Memory Care. We invite you to visit Fowler when searching for the right help in caring for your loved one. Contact Tammy Vines, Director of Community Relations at 214.515.1344 to schedule your tour today.



Resident, R. B. Riggs sings "Blessed Assurance" with Naomi Mathes, a life enrichment team leader.

 JULIETTE
FOWLER
COMMUNITIES

Faithfully caring for generations

MEMORY CARE

Life Enrichment

NAOMI MATHES

It's always a beautiful day in the neighborhood at Juliette Fowler Communities. Naomi Mathes makes sure of it!

As a compassionate care leader for Memory Care, Naomi specializes in smiles, conversations, word games, reminiscing and friendship-building activities and other choices that promote connection among dementia residents and staff members.

Certified in dementia training and Activity Director Qualified, Naomi says, "Knowing the history of our residents—who they are as a person—allows us to connect with them in ways that validate their cares and concerns, so they feel safe and feel good about living at Juliette Fowler."

With nearly 20 years of experience working with seniors, Naomi is praised for her common sense approach to challenges, problem-solving skills, work ethic and, above all, her love and devotion to "my friends in the neighborhood."

— Naomi Mathes, ADQ, CDP, Life Enrichment Team Member



Juliette Fowler Communities

You are Invited! "The Ebby House" Ribbon Cutting

Wednesday, May 21, 2014 • 1:30 p.m.

Join us as we celebrate Fowler's new residential program which will serve young women who have aged out of foster care. To learn how you can impact this community, contact Ann McKinley at 214.515.1336.



Marti Carlin, Ebby & Sabrina Porter

Visionary Women

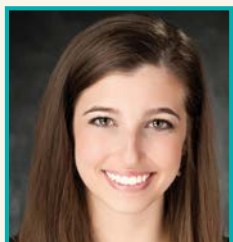


2014 VISIONARY WOMAN HONOREE:

Vivian Anderson Castleberry

Visionary journalist, author and humanitarian; trailblazing women's editor of the Dallas Times Herald for 28 years; a founder of the Dallas Women's Foundation, the Family Place, the

Women's Center of Dallas and Peacemakers, Inc.; inaugural inductee into the Texas Women's Hall of Fame; author of four books including "Daughters of Dallas," which featured Juliette Peak Fowler and Sarah Peak Harwood. 🌿



THE JULIETTE FOWLER FAITH & SERVICE AWARD:

Effie Husbands

Texas Christian University nursing major, Effie Husbands, has been

selected as the first Juliette Fowler Faith & Service Award recipient. This award honors a young woman who has a Juliette-like spirit to serve others and has demonstrated visionary leadership among her peers. Effie, daughter of Mary Scopas and Charles Husbands, is a vibrant leader within her field, her community, on campus and within the Christian Church (Disciples of Christ). 🌿

VISIONARY WOMEN HONOREES:

2013 - Ebby Halliday Acers
2014 - Vivian Anderson Castleberry

FAITH & SERVICE AWARD:

Effie Husbands

HONORARY LUNCHEON CHAIRS:

Kenneth & Elaine V. Kellam

LUNCHEON CHAIR:

Carlin M. Morris

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Beth Schmidt
Winnie Taylor
Marianna Thiebaud
Bridget K. Thomas

Join Honorary Chairs Elaine V. & Kenneth Kellam for a luncheon benefiting Juliette Fowler Communities

Tuesday, May 13, 2014 • 12:00 – 1:15 p.m.
Dallas Omni Convention Center Ballroom

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VISIONARY WOMEN LUNCHEON BENEFITING JULIETTE FOWLER COMMUNITIES

Join Elaine and Kenneth Kellam at the Visionary Women luncheon on May 13 – more inside!



A new sign now greets Fowler guests at the Abrams entrance. New landscaping will be bursting with color soon.

STATE-OF-THE ART REHABILITATION SERVICES A Five-Star Experience



Barbara Garrett, a member of Griggs Chapel Baptist Church in Dallas, can't say enough about the Rehabilitation Services provided at Fowler Health and Rehab. She is more than qualified to speak about her rehab experience: She has been a guest twice at Fowler.

"I don't believe I could have gotten any better care anywhere," said Barbara, who has used Fowler's five-star quality rehab center following both left and right knee replacements. "I had the best experience with some of the best therapists in all of Dallas."

Now back at home and active, Barbara wants others to know of Fowler's state-of-the art rehabilitation services in the event they need rehab following surgery, illness, accident or stroke.

Eager to share her zest for life, following her knee replacement surgery, Barbara plans to become a Fowler volunteer. "Since I know Fowler so well, I feel like I have a lot to offer others," she said.



Rehab guest, Barbara Garrett and Fowler community relations team member, Judy McCombs.

If you are facing healthcare decisions for yourself or a family member who is in the hospital, please tell your physician and hospital case manager that you choose Fowler Health and Rehab. You do not have to be a Fowler resident to benefit from our quality rehab care. Please call 214.827.0813 for your personal tour today. 🌿