

# Focus

A publication of Juliette Fowler Foundation in support of the children, youth and elders of Juliette Fowler Communities

## High Tech Therapy Tools Build Motivation and **FUN** at Fowler

John came to Fowler for rehabilitation after being hospitalized for an accident. Charlsie arrived at Fowler rehab following surgery. Both needed inpatient physical and occupational therapies along with a healthy dose of Fowler's latest high tech therapy tool, MR Cube.

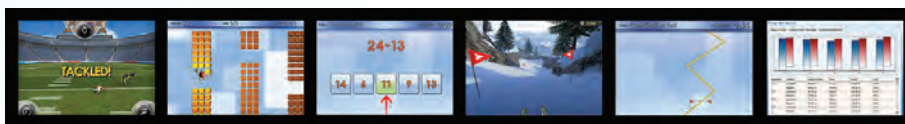
The first in Dallas, this new state-of-the-art piece of rehab equipment is similar to a video game. As John & Charlsie "played" games, their balance, strength, coordination and reaction time improved. While "skiing" the therapists were able to measure and track balance. While "driving race cars" they could follow and record response times. The game-like interaction made tough and potentially painful therapy sessions, fun!



Charlsie is "playing" new state-of-the-art rehab gaming equipment to increase her balance, strength, coordination and reaction time.



### Fun and motivating workouts through real-time visual feedback



Football Game

Isometric Gate

Mathematics (dual task)

Ski Game

Coordination Test

Power Test

"We see exciting responses with MR Cube," explained Fowler's Director of Rehabilitation, Stephanie Slaughter. "Once they start playing MR Cube games and tracking their own progress along with the therapists, we see a renewed sense of (cont. on page 4)



# Great is your faithfulness.

This Thanksgiving we are celebrating the blessings that come from you.



## GRATEFUL HEARTS



**Ann Maxwell**

Mike and Carol Maxwell wanted the best care for his mother, Ann. They found it at Fowler. A health crisis brought Ann to Fowler's short-term rehabilitation followed by assisted living and nursing care. When Ann passed away, they requested that memorial gifts be given to Juliette Fowler Communities in lieu of flowers.

And then they wanted to do more. Upon learning about Fowler's plans to expand the therapy gym and the desire for innovative therapy equipment that was new on the market, the Maxwells chose to make a donation to purchase the first MR Cube in Dallas for Fowler. "Mom would have loved MR Cube," states Carol. "She lived her life giving generously to others and we wanted to honor her in the same way."

Thanks to the generosity of the Maxwell family, Fowler rehab guests and residents now benefit from this new therapy technique. 🌿

## A Thank You Note from Mariela, our first Ebby House Graduate.

Dear Ebby House friends:

The Ebby House is more than just a program. It's different in ways people won't believe. It's based on love and support. People care about one another here, it's not a job to them. It's a calling. My experience here was a roller coaster but whenever I fell I knew I was still loved. So I got right back up. Coming into the Ebby House I was scared, homeless and all alone. But the Ebby House welcomed me with open arms. They wanted to make sure I was comfortable and that I felt safe. I don't know where I would be if it weren't for the Ebby House. I walked in the house with no one to care and love me and now I walk out of the house with a parade of people cheering me on that love and support me. I can't thank you enough for helping me become a strong and independent woman. Thank you.

Sincerely, Mariela, Ebby House graduate



Mariela at the airport!



*In September, Pastor Kim Clowe retired from Fowler after serving faithfully for 6 years. We are grateful for his ministry and rejoice in his retirement.*



*Our new Art 4 The Ages class is a big hit. This monthly "pop-in" art class is taught by Lakewood Conservatory of Fine Arts and is attended by children of the neighborhood and residents of Fowler.*



*The Rev. Sara Beckham accepts her appointment as Director of Spiritual Life. Sara grew up at First Christian Church McKinney, attended First Christian Church Lubbock while at Texas Tech, and interned at Fowler while she was a student at Brite Divinity School. Sara is pictured with Sabrina Porter, president and CEO of Fowler.*



*The JFC Strategic Planning Committee toured the construction areas of Jackson Living Center. The remodeling project, which was funded through the generosity of Donald and Charlotte Test, is scheduled for completion in early 2017.*



*Enjoying our weekly Mommy and Me Music Class!*



*Giving time and gaining purpose: Fowler Christian Apartments resident, Millie Gomo, leads a group of residents weekly in knitting mats for the homeless out of grocery store bags.*





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Our board has pledged to match all gifts received by 12/31/16 - up to \$50,000. Your gift can have twice the impact! Please use the enclosed envelope or go to [www.fowlercommunities.org/donate](http://www.fowlercommunities.org/donate) today!

(cont. from page 1) commitment and enthusiasm.”

“Keeping patients motivated is one of the biggest challenges we face as therapists,” states Slaughter, “but with engaging tools like MR Cube and the other technologically advanced equipment we have here at Fowler, we see great success stories.”

If you are facing healthcare decisions for yourself or a family member who is in the hospital, please tell your physician and hospital case manager that you choose Fowler’s 5 Star quality health and rehab services. You do not have to be a Fowler resident to benefit from our quality rehab care. Please call 214.827.0813 for your personal tour today.

