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Focus

A publication of Juliette Fowler Communities

New Memory Care Neighborhood

In this beautiful neighborhood, the breakfast dishes are red, the aroma of baking bread fills the air, and a word game about apples has residents cutting up and all smiles.

Welcome to the new Memory Care Neighborhood at Juliette Fowler Communities scheduled to open in the spring of 2014.

"We are creating a home-like community that promotes the individual abilities and needs of dementia residents," said Teresa Whittington, RN, chief operating officer at Juliette Fowler Communities. "This new environment and level of care will enhance our personalized services. Residents will have choices and be connected."

The new Memory Care Neighborhood will emphasize and promote engagement through décor, aromas and activities - a country kitchen, a game room with tables, a family room for fellowship, to name

a few. And pets are allowed if family members will help care for needs such as cleaning a litter box.

Located on the first floor of the Pearl Nordan Care Center in the existing Worth Neighborhood, the space will be created through some new construction and a lot of remodeling. When completed, it will include 20 specially designed resident rooms, among them five one-bedroom apartment-like homes.

Floors, walls, fabrics, furniture, colors and other environmental factors are all carefully chosen to promote

independence.

The Ed Dowell Garden, a secure outdoor area that was created upon Ed's retirement from Fowler, will be enhanced and provide protected and life-enriching freedom.

No details are too small, including



the color of dishes. As the brain progresses with dementia, eyesight often narrows

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For Emmaline Barker, retirement came with an unexpected journey.

Long after retirement age, Emmaline Barker found her life's work.

After retiring from a career in psychology, Emmaline, at age 72, heard about Manual Lymph Drainage (MLD), a therapy treatment available only in Europe for those afflicted with lymphedema. Lymphedema is a form of swelling most often caused by the removal of or damage to the lymph nodes during cancer treatments or surgeries such as mastectomies.


In 1984, Emmaline prodded six others to travel with her to Austria where German-speaking physicians taught

them (with the help of a translator) their ground-breaking massage techniques.

Through dedication, perseverance and with a servant's heart, Emmaline returned to the U.S. as one of the first American graduates of this innovative therapy. She passionately shared her new gift, mentoring, sponsoring and training other therapists, who would in turn help hundreds of people for many years to come.

Today, at age 101, Emmaline Barker is one of the many visionaries who call Fowler "home". It is only fitting that Emmaline is now the recipient of

therapeutic massage therapy, provided only through the generosity of donors who support the One Heart fund. This is just one of the many ways that the One Heart fund helps Emmaline.

"We are so grateful for the quality care that Mom receives at Juliette Fowler. She is treated with such heart-felt dignity and respect," shares Ed Barker, Emmaline's son. "Where else would people care enough to learn who she is and return the compassion she so freely gave." 




Be of "One Heart" with Juliette Fowler Communities



"The care we give comes from the heart," said Naomi Mathes, Assistant Life Enrichment Director at Fowler. "We do what we do with empathy and love, so even if our residents don't know who we are, they know how they feel, and if they feel loved and cared about, then they are happy."


Juliette Peak Fowler had a servant's heart. More than 120 years ago, she dreamed of a home for widows and orphans, and through her own bequest, Juliette Fowler Communities was born. While times have changed, her example of servant leadership endures. Her heart—our heart—is evidenced today through One Heart.

Your donations to One Heart will help residents who have outlived their savings or face devastating illness and high medical costs. Through One Heart, you can provide quality of life through chaplain services, therapeutic music and massage therapy, innovative dementia care, and wellness initiatives. Your support provides specialized staff training, foster care, and advocacy for residents at the hospital when family is unavailable.

The heart of Fowler depends on you. Please consider giving a gift to the One Heart Fund of Juliette Fowler Communities today. 

(continued from front cover)

and appetites decrease, making it difficult for some to see their plates or the food on it. Food on red plates is easy to see and the color stimulates the appetite.

"We want this community to match our philosophy of care – to promote the abilities of our residents, honor their individuality, engage them in life enrichment activities and affirm them for who they are," shared Teresa. "This is simply one more step towards our vision to provide fulfillment." 

For more information about One Heart, contact Cindy Wabner at 214.515.1370.

To learn more about Fowler's dementia care initiatives, contact Ann McKinley at 214.515.1336 or annm@fowlercommunities.org.

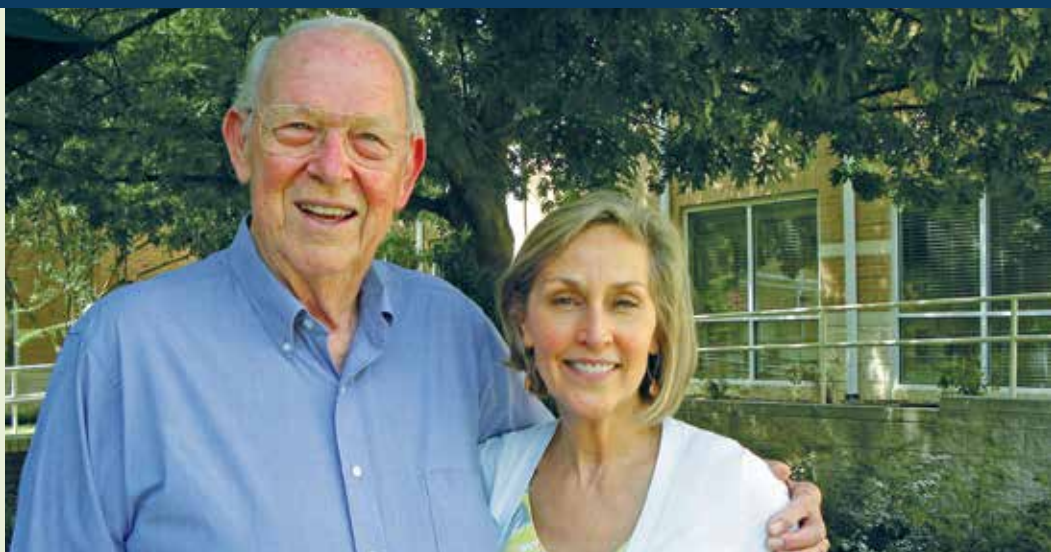
Faithfully Caring For Generations: Rev. Dr. Donald E. McKenzie

The year was 1953. The place, Juliette Fowler Homes. And the young seminarian, green but eager to serve in ministry, Donald E. McKenzie.

Though times, technology and Fowler would change, the Rev. Dr. Don McKenzie's love for Juliette Fowler Communities remained unwavering.

"I fell in love with the (Fowler) ministry from the moment I first moved to this area in 1953 to attend Brite Divinity School at TCU," Don recalls.

For nearly 19 years, Don served as senior minister of Northway Christian Church (Disciples of Christ) in Dallas,



Pictured left to right:

The Rev. Dr. Donald E. McKenzie and Cindy Wabner, Fowler Development Director

retiring to serve as an interim minister at several local Disciple congregations before fully retiring in 2003.

Twice, Don served as chair of the Fowler Christian Apartments Board of Directors, and he has been a member of the Juliette Fowler Communities Board for several terms, the latest of which will expire in 2014. Don's late wife, Erika, worked at Fowler for 10 years as an administrative assistant to

former Fowler president Ed Dowell and launched Fowler's hugely-successful volunteer program.

And, until we told him, Don didn't know that since the year 1982 he has given more gifts to Fowler— 330 total—than any single supporter.

"I was surprised to hear that," Don said. "All I can tell you is that I've just loved to watch Fowler grow and change all these years." 🌿



In Grateful Remembrance

The Reverend Edward Lawrence Dowell, former Fowler president, passed away September 23, 2013. A TCU and Brite Divinity alumnus, he served in the pastoral ministry at First Christian Church McKinney and University Christian Church Fort Worth before accepting the call to become president of Juliette Fowler Homes. During his visionary 24-year tenure, the Juliette Fowler community expanded to include the youth center, Pearl Nordan Care Center, Jackson Living Center and the Fowler Administration Center. Ed served Juliette Fowler with grace and compassion until his retirement in December 2005. "He never stopped giving to others. His caring spirit is also a part of his legacy," shared Sabrina R. Porter, President & CEO of Juliette Fowler Communities. We extend our deepest sympathy to his wife Cindy, his son Christopher, his daughter and her husband, Susan and Brian Beckner and their children, and his brother the Reverend Charles P. Dowell and his wife Carolyn.

Please notify JFC at 214.515.1342 if you move. The post office charges Fowler up to 55¢ for each undeliverable newsletter.

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**YOU ARE
INVITED!**

CANDID CONVERSATIONS: Learning More About Early Stage Alzheimer's Disease

Wednesday, November 13, 10:00 a.m.-11:30 a.m.

Schneider Chapel at Juliette Fowler, 1234 Abrams Road, Dallas 75214

A poignant opportunity to hear about Alzheimer's first-hand from Jeff and Jules Rushing. Jeff was diagnosed with early onset Alzheimer's disease just over one year ago, at the age of 57. He will bravely share his story, with Jules by his side, to help others better understand the journey before them. Joining them will be Sara Rotenberry, Associate Director of Education and Professional Outreach for the Greater Dallas Chapter of the Alzheimer's Association. Seating is limited; please call 800.272.3900 to reserve your spot.

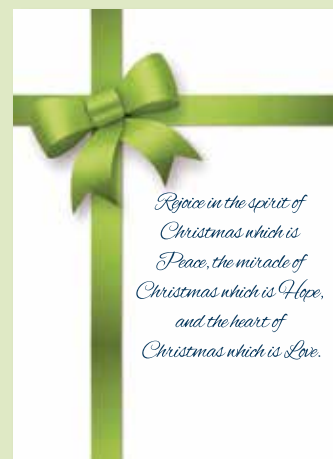
alzheimer's  association®
the compassion to care, the leadership to conquer



*Fowler president and
CEO, Sabrina R. Porter,
celebrates Fowler's
achievement of a
5 Star Quality Rating.*

Give gifts of peace, hope and love.

This Christmas season, consider making a "White Gift" donation to Juliette Fowler Communities of \$25 or more to honor a client, employee, friend, or family member. They will receive this beautiful Christmas card and your joyful gift of love will be a blessing to others. For more information, contact Casey Power at 214.515.1342 or caseyp@fowlercommunities.org.



**We met Bob and Rey Barton's
matching gift challenge –
thank you for your support to
turn \$100,000 into \$200,000!**

